

BASIC GUI

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10 laws of simplicity

Reduce: the simplest way to achieve simplicity is through thoughtful reduction

Simplification can be achieved by simply leaving out or removing certain parts. The difficulty is to find the middle between leaving out and keeping. It can help to concentrate on connecting, reducing, and hiding.

Organize: Organization makes a system of many appear fewer

By structuring complex systems, they appear simpler. A system consisting of many parts appears simpler if the parts are divided into meaningful categories. Assigning functions to categories makes it easier to access an otherwise immense number of individual functions.

Time: Savings in time feel like simplicity

Sensible use of time and the feeling of making good use of time generate positive feelings. The feeling of saving time creates positive emotions. For example, if a computer takes a long time to get ready to start if a website takes a long time to load, waiting is perceived as unpleasant. If, on the other hand, a computer is ready to use immediately or an app opens immediately after starting, then this is perceived as easy

Learn: Knowledge makes everything simpler; therefore train the user

The more you already know, the easier it is to learn something new. The greater the previous knowledge, the easier things appear. We all know these statements like "Let's give it a try first" or "Why waste time reading the manual?" But learning how to handle a complex technical device by trying it out often takes more time than reading the manual or instructions for use beforehand. For this reason, it makes sense to consciously use familiar operating patterns or to repeat them in the application so that what you have learned can be used several times.

Differences: simplicity and complexity need each other

The more complex everything around us becomes, the more the simple elements stand out. And because technology and digital products are becoming ever more complex, there is an economic drive to adopting the strategy of simplicity that sets one product apart from others.

Context: What lies in the periphery of simplicity is definitely not peripheral

The mere focus on an object helps less to understand it than the inclusion of the background and environment in which the object is located. Focusing too much on the product as an object in the design process ignores the important things.

Emotion: More emotions are better than less

Even if it seems to contradict the first law, sometimes "ornamental" and "more opulent" design and information elements are necessary to bring emotions into play. A form that is too reduced can make a function, application, or product appear cheap, shapeless, or even ugly.

Trust: In simplicity, we trust

A system or product that already knows what it has to do before or when a specific user turns to it appears to that user as particularly simple. However, a feeling of paternalism can also occur. For this reason it is important that we trust a system.

Failure: some things can never be made simple

For example, if I can no longer read a manual properly because I have used too many acronyms (a word made up of the first letters of several words, e.g. "Aids"), the simplification must be reversed. Even if I have simplified an interface to such an extent that I have to click on all sections to see what functions are hidden underneath, this is not ideal for use.

The One: Simplicity is about subtracting the obvious and adding the meaningful

In this law Maeda summarizes the laws 1 to 9 and defines three keys to simplicity:

Distant: More looks like less when it is distant. Taking Google as an example, the paradigm shift towards implementing software as a service is cited here

Open: Openness simplifies complexity. Maeda illustrates this principle with the example of Linux (Open Source) and on the other hand in open interfaces.

Energy: Use less, achieve more.

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01 Project Description

The WHO provides an international classification, which can be used to classify interventions / treatments (ICHI).

The classification consists of complex codes which are not or only with difficulty understandable for the normal and untrained observer. In comparison to other classifications such as ICF or ICD, the classification is not known by professionals. For this reason, the classification shall be made easier with a simple, quick to use and comprehensible Graphical User Interface. The documentation of an intervention / treatment shall be managed or adapted in such a way, that usable data for a digital knowledge database can be generated. This database is intended to help decode the black box interventions.

For our GUI we concentrate on interventions in the physiotherapeutic area, since our client Mr. Christoph Bauer is from this area.

02 Interviews

In order to get to know the field in which we operate better and to have an insight into the work of physiotherapists, we conducted 3 interviews over Zoom and Telephone.

We choose 3 different perspectives.

Person 1: Physiotherapist who works part-time in a practice and teaches part-time at the ZHAW

Person 2: A student in her last year of studies as a physiotherapist. She has already worked as an intern in several different larger institutions.

Person 3: Physiotherapist who is originally from Norway. Has been self-employed for 15 years and does all kinds of work in her business.

Findings

| Nobody knows the ICHI classification but there are similarities with the classification ICF.

| Many things are still documented by hand

| It is often documented with personal abbreviations

| Every practice or institution documents differently, there is no uniform documentation

| The documentation should take as little time as possible (There is practically no time for documentation)

| Different physiotherapists prefer different methods of documentation. (Drawing | Notes | Abbreviations)

| Everyone thinks that a database would be useful

Interview findings

Allgemeine Erkenntnisse

Dokumentation wird immer elektronischer

Von Hand verfasste Dokumentationen werden mehrheitlich eingescannt

Bei ambulanten Patienten notiert man mit Papier und Stift
Bei stationären Patientin notiert man direkt im Programm / Digital

Ziel wäre alles während der Behandlung zu notieren

Wenn alle Zugriff auf die Berichte haben führt dies zu saubereren Berichten (man würde sich mehr Mühe geben)

Abrechnung nach 9 Sitzungen (Kann Abrechnung mit Formular verbunden werden?)

ICHI und ICF ist beides von der WHO - beides sollte die Kommunikation untereinander vereinfachen

Interviewpartner

Studentin Physiotherapie an der ZHAW

Dozent Physiotherapie an der ZHAW und arbeitet in einer Praxis in Deutschland

Begeistert von dem Projekt

Begeistert von dem Projekt

Erfahrung mit elektronischen Erfassungssystemen durch Praktikas (Kisim (Unispital) / Phoenix)

Keine Erfahrung mit elektronischen Erfassungssystemen

Dokumentieren ist kein Schwerpunkt im Studium

Keine Erfahrung mit elektronischen Erfassungssystemen

Abkürzungen spielen eine grosse Rolle (sind jedoch nicht klar definiert)

gegebene Infrastruktur

Reinzeichnen / Zeichnen ist sehr wichtig (muss dann aber Standard-Tabelle mit Kürzeln geben)

Saubere Berichte

Reinzeichnen / Zeichnen ist sehr wichtig (muss dann aber Standard-Tabelle mit Kürzeln geben)

Saubere Berichte

Schreibt Berichte jedoch gerne von Hand da es persönlicher ist

Zeichnen, Dozent findet es nicht nötig (in Neurologie)

keine Kenntnisse von ICHI

keine Kenntnisse von ICHI

Tonusmännchen / Körpertabelle

keine Tonusmännchen / Körpertabelle

Macht zuerst ein Entwurf der Behandlungsvorschritte und Behandlung und dann wirds sauber notiert

ICF wird an ZHAW gelehrt -> ICHI hat gleiche Struktur, deshalb müssten Praktizierende mit der Klassifizierung bereit vertraut sein (zumindest teilweise)

1. Neurologie 2. Muskuloskelettal 3. Innere Medizin -> Unterteilung

Schreibt nur Floskeln wie z.B. Therapie nach Bobat-Konzept

Die gelehrt Formulare werden in den Betrieben meist nur in heruntergebrachten Form angewandt. Fast jeder Betrieb hat andere Formulare.

03 Research

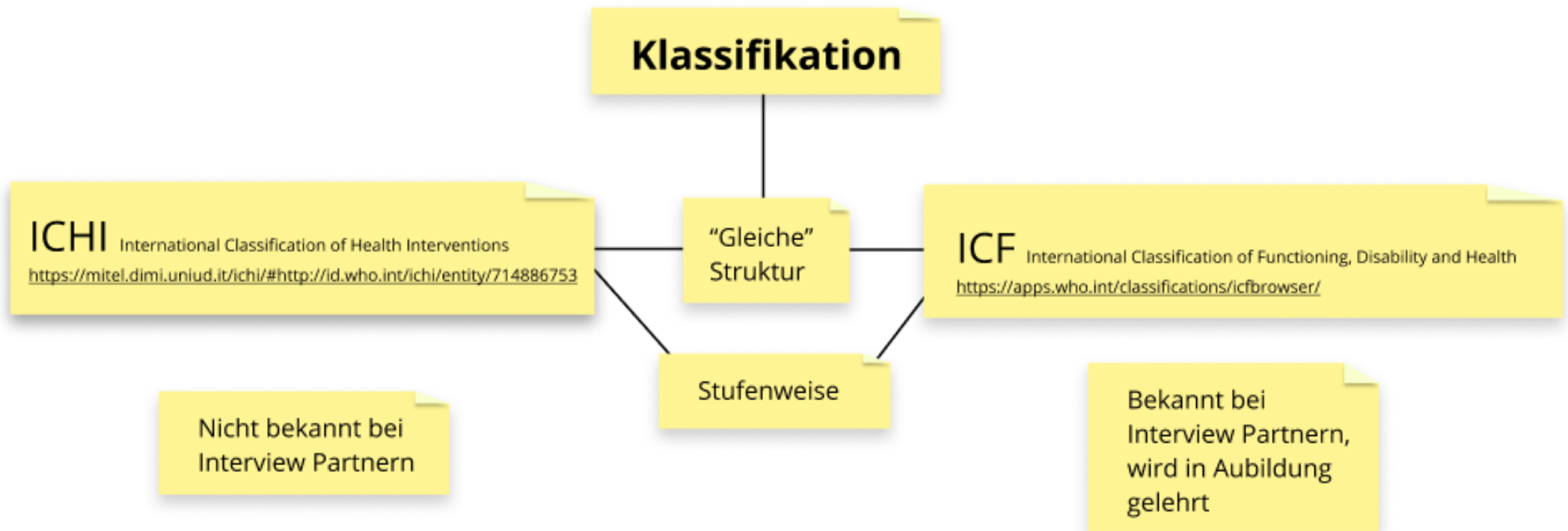
After the interviews we decided to have a look at several interfaces or GUI Designs from other designers and brands. We also created some moodboards and specifically style guides for our future skin.

We also discussed the readings we got from our mentors to understand the different technical terms one needs for the GUI design.

04 Making Sense of the Classification

Since we needed a fundamental understanding of the ICHI classification for the development of the application, we have intensively studied its structure and encoding. In order to limit the possible interactions, we have restricted ourselves to the provided example.

The classification is quite complex. That's why we worked with different visualization methods. They have helped us tremendously in understanding the ICHI classification in addition we also tried to translate it to german.



Bekannte Systeme

zur Datenerfassung

Kisim - Unispital
Zürich <https://www.cistec.com/funktionen/>

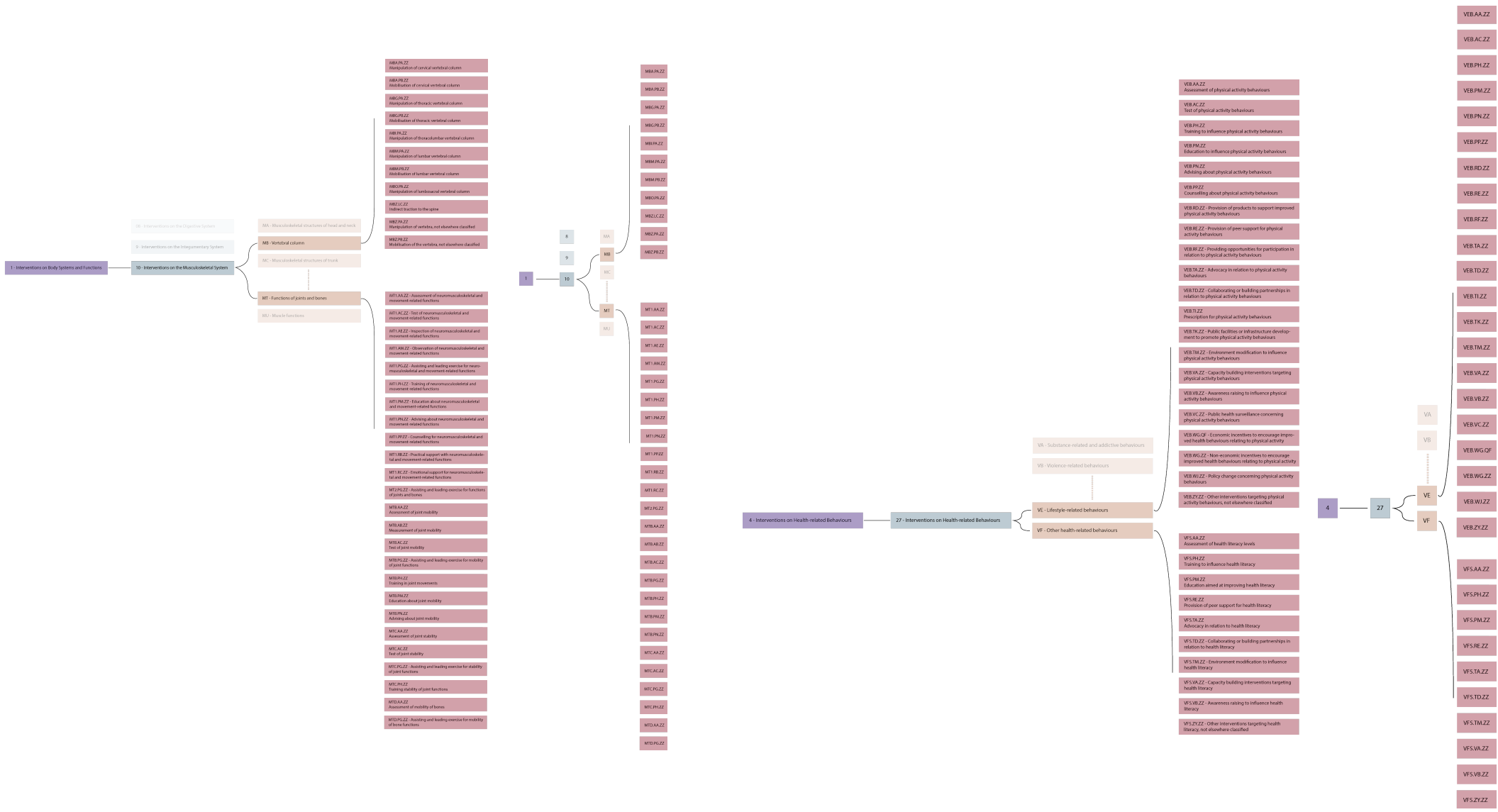
Phoenix

Nach
Kategorien
sortiert

Alle
Patientenberichte
sind an einem Ort
gespeichert

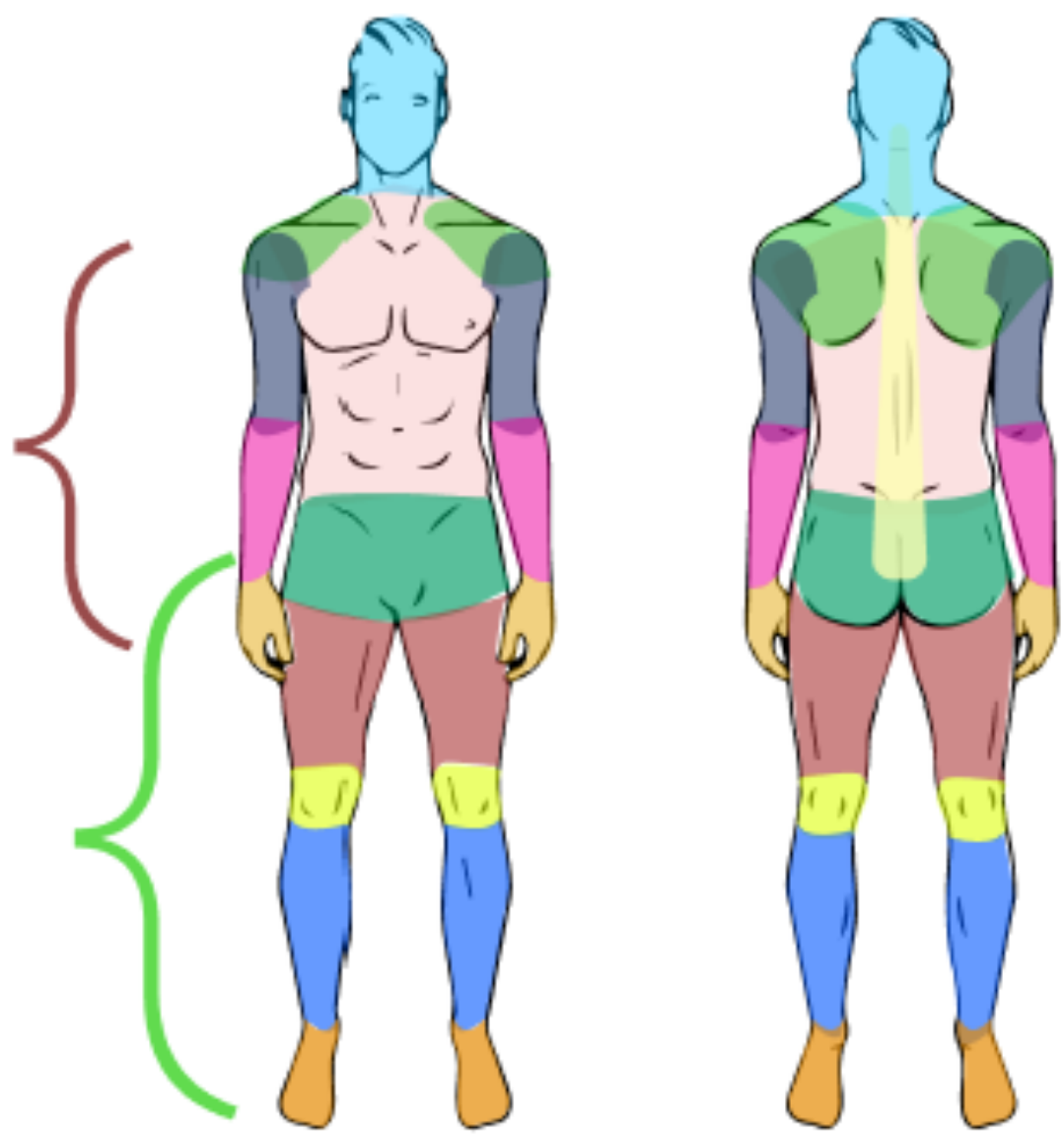
Es werden nur
zur Kategorie
passende
Auswahlfelder
angezeigt

Visual representation of the required ICHI categories



Visual representation of the displacements of body areas and their encoding

- MI
- MQ
- MA
- MB
- MC
- MD
- ME
- MF
- MG
- MK
- ML
- MM
- MN
- MO



Display of the ICHI encoding supported by colours



- Manipulation der Halswirbelsäule

Area:

MB - Wirbelsäule

Target:

A - Halswirbelsäule
G - Brustwirbelsäule
I - Thorakolumbale Wirbelsäule
M - Lendenwirbelsäule
O - Lumbo-sakrale Wirbelsäule
Z - Wirbelsäule, nicht spezifiziert

Action:

PA - Manipulation
PB - Mobilisierung
LC - einstellen

Means:

ZZ - Andere und nicht spezifizierte Mittel

Area:

MT - Funktionen von Gelenken und Knochen

Target:

1 - Neuromuskuloskelettale und bewegungsbezogene Funktionen
2 - Funktionen von Gelenken und Knochen
B - Mobilität gemeinsamer Funktionen
C - Stabilität der Gelenkfunktionen
D - Mobilität der Knochenfunktionen

Action:

AA - Bewertung
AB - Messung
AC - Prüfung
AE - Inspektion
AM - Überwachung
PG - Assistierende oder führende Übung
PH - Ausbildung
PM - Bildung
PN - Empfehlung
PP - Beratung
RB - Praktische Unterstützung
RC - Emotionale Unterstützung

Means:

ZZ - Andere und nicht spezifizierte Mittel

Area:

VE - Lebensstilbezogene Verhaltensweisen

Target:

B - Verhalten bei körperlicher Aktivität

Action:

AA - Bewertung
AC - Prüfung
PH - Ausbildung
PM - Bildung
PN - Empfehlung
PP - Beratung
RD - Bereitstellung von Produkten
RE - Peer-Support
RF - Möglichkeiten zur Teilnahme bieten
TA - Interessenvertretung
TD - Aufbau von Partnerschaften
TI - Rezept
TK - Öffentliche Einrichtungen oder Infrastrukturentwicklung
TM - Umgebungsänderung
VA - Kapazitätsaufbau
VB - Bewusstseinsbildung
VC - Überwachung der öffentlichen Gesundheit
WG - Anreize setzen
WJ - Richtlinienänderung
ZY - Andere Aktion, nicht anderweitig klassifiziert

Means:

ZZ - Andere und nicht spezifizierte Mittel
QF - Wirtschaftsinstrumente

Area:

VF - Wirbelsäule

Target:

S - Gesundheitskompetenz

Action:

AA - Bewertung
PH - Ausbildung
PM - Bildung
RE - Peer-Support
TA - Interessenvertretung
TD - Aufbau von Partnerschaften
TM - Umgebungsänderung
VA - Kapazitätsaufbau
VB - Bewusstseinsbildung
ZY - Andere Aktion, nicht anderweitig klassifiziert

Means:

ZZ - Andere und nicht spezifizierte Mittel

05 Analog Wireframes

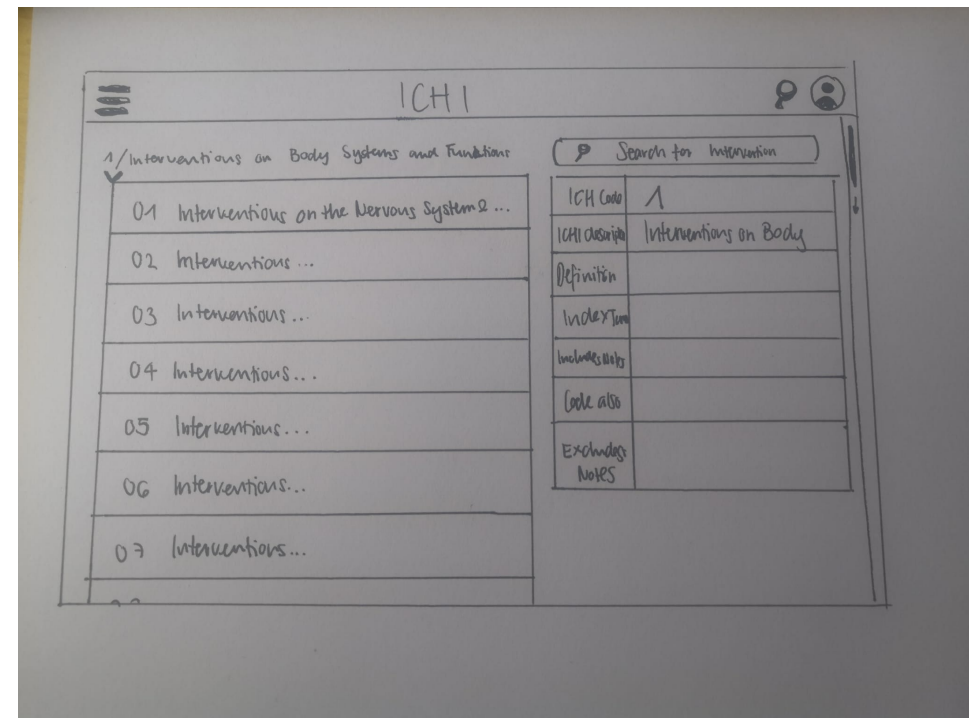
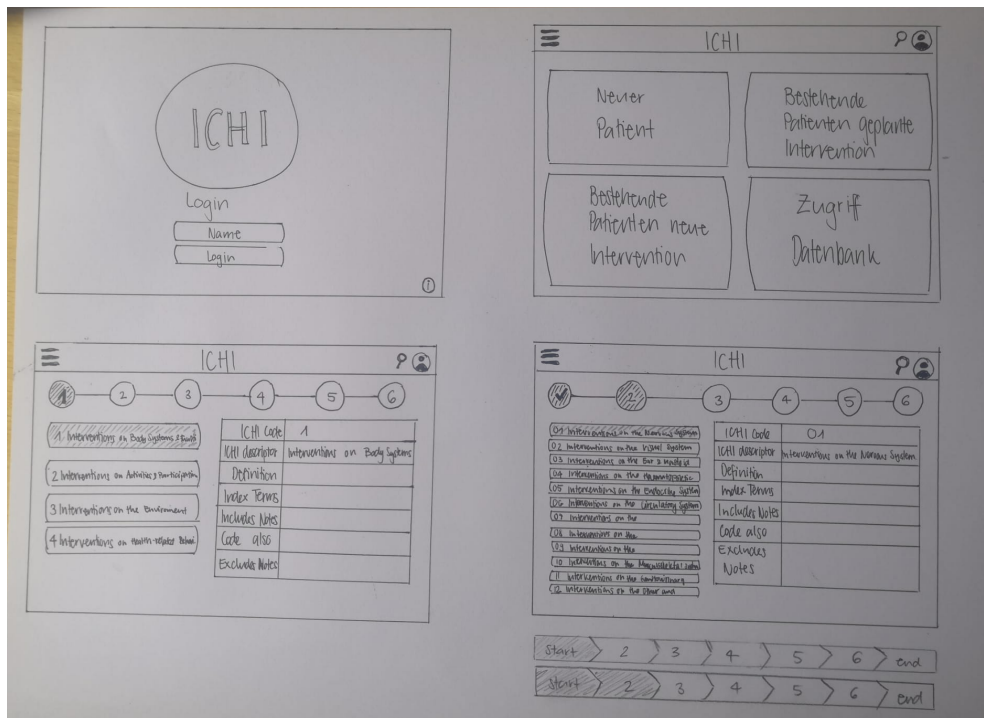
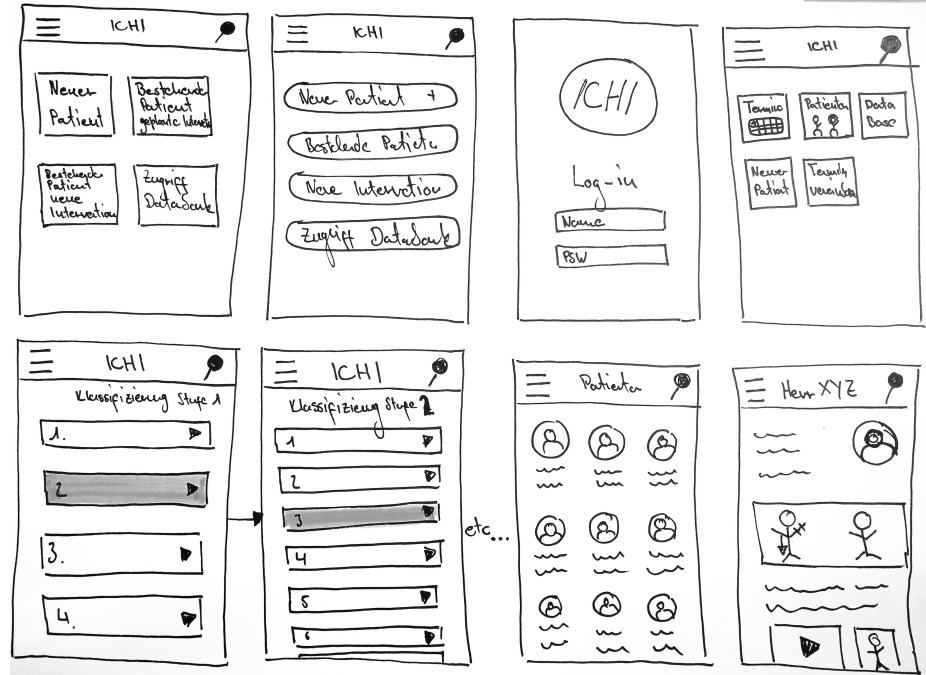
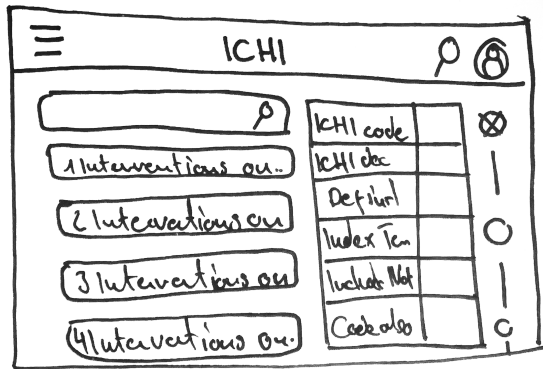
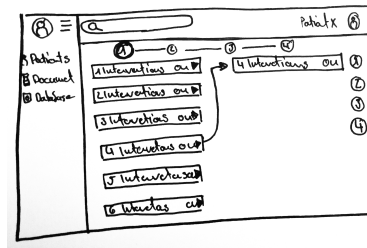
To capture our ideas quickly and explain them to others in an understandable way, we started off with drawing different wireframes.

The analogue way helped us to move forward quickly and not to spend too much time on unnecessary details.

In this phase we had the idea to create a dual-screen design. Which allows you to decide freely when to document and when to classify.

First analog wireframes

I	Interventions on Body Systems and Functions	2.1	3.1	4.1
	Interventions on Activities and Participation	2.2	3.2	4.2
	Interventions on the Environment	2.3	3.3	4.3
	Interventions on Health-Related Behaviors	2.4	3.4	4.4
A	Interventions on Body Systems and Functions	2.5	3.5	4.5
	Interventions on Activities and Participation	2.6	3.6	4.6
	Interventions on the Environment	2.7	3.7	4.7
	Interventions on Health-Related Behaviors	2.8	3.8	4.8



Second analog wireframes

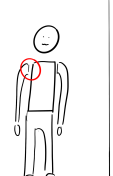
Today's Schedule:

Now: Max Mustermann, 25.5.65
In Binin
Session 3
Letzte Behandlung

Next: Alexia Mustermann
In 45 Minuten
Session 8

Patient

Name: Mustermann
Surname: Max
Birthday: 25.5.65
Treatment session: 8
List of latest interventions:
Monday
Monday
Thursday
Thursday



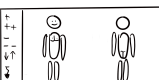
Patient: Max Mustermann

Interventions on Body Systems and Functions

Interventions on Activities and Participation Domains

Interventions on the Environment

Interventions on Health-related Behaviours

Status: 

Patient: Max Mustermann

01 Interventions on the Nervous System

02 Interventions on the Visual System

03

04

05

Patient: Max Mustermann

AA Brain and Cranial Nerves

AB Spinal cord Structures

AC

AD

AE

Patient: Max Mustermann

Target: Intervention on the Nervous System

Action

Means

Eff. Assesment

Defination

Refer. Value

Value Range

Cost also

Exclus. Value

Patient: Max Mustermann

Target: Brain & Cranial Nerves

Action

Means

Eff. Assesment

Defination

Refer. Value

Value Range

Cost also

Exclus. Value

Max Mustermann
25.5.65
Zuständiger: Dr. Bja Bja
Befund:
Interventionen:
Intravenöse Blausig
Add: Interventionen

Fernziel:
Nahziel:
Hauptproblem:
(Körpertabelle)
Funktionelle Demo
Inspektion
Muskelkraft:
Aktive/Passiv/Mixtur

Körpertabelle & -funktion

System	aktiv	passiv	Inspektion	Defin.	Referenz
1	X				
2	X				
3	X				
4	X				
5	X				
6	X				
7	X				

Max Mustermann

Inspektion Kraft

Behandlung besetzen

LOGO

NEW PATIENT

CURRENT PATIENTS

CLASSIFICATION

DATABASE

LOGO

PATIENT: A

EDIT PATIENT DETAILS

NEW APPOINTMENT

LOGO

PATIENT: A

BODY SYSTEMS

ACTIVITIES & PARTICIPATION

ENVIRONMENT

HEALTH-R.B.

STATUS:

LOGO

PATIENT: A

1 Low Nervous System

2 Low

3

4

5

6

LOGO

PATIENT: A

Review Form

LOGO

Patient: A

MA AA ZZ

MA AC ZZ

MA AE ZZ

MA AM ZZ

MA PG ZZ

MA PH ZZ

LOGO

PATIENT: A

MA Muskuloskeletalt strukt

MD

MC

HD

HE

06 Digital Wireframes

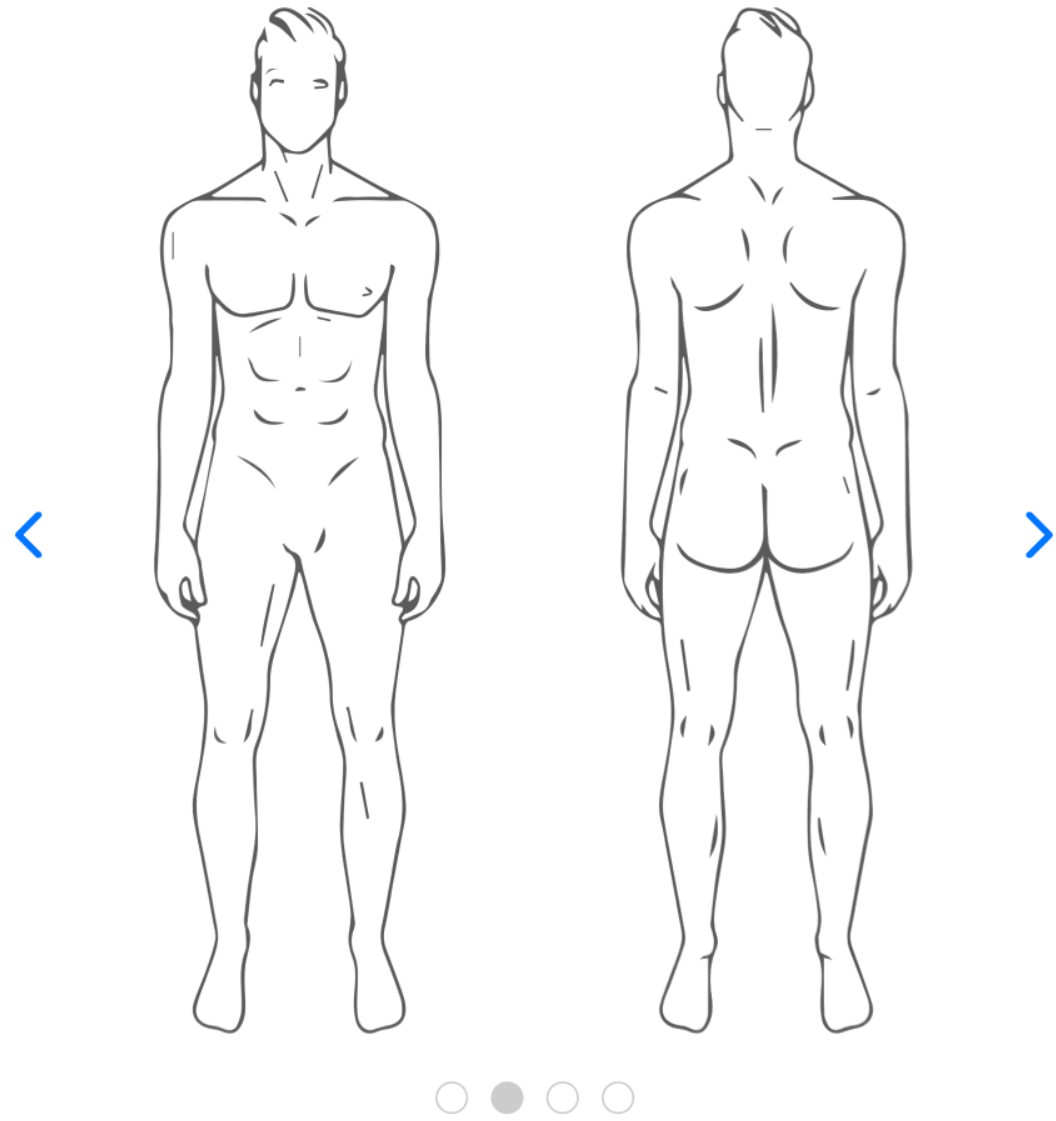
We transformed our analog wireframes into digital wireframes in figma without coloring or any further styling.



Choose Category of intervention:

BODY SYSTEMS AND FUNCTIONS

HEALTH-RELATED BEHAVIOURS





Choose Target Category:

FUNCTIONS OF JOINTS AND BONES

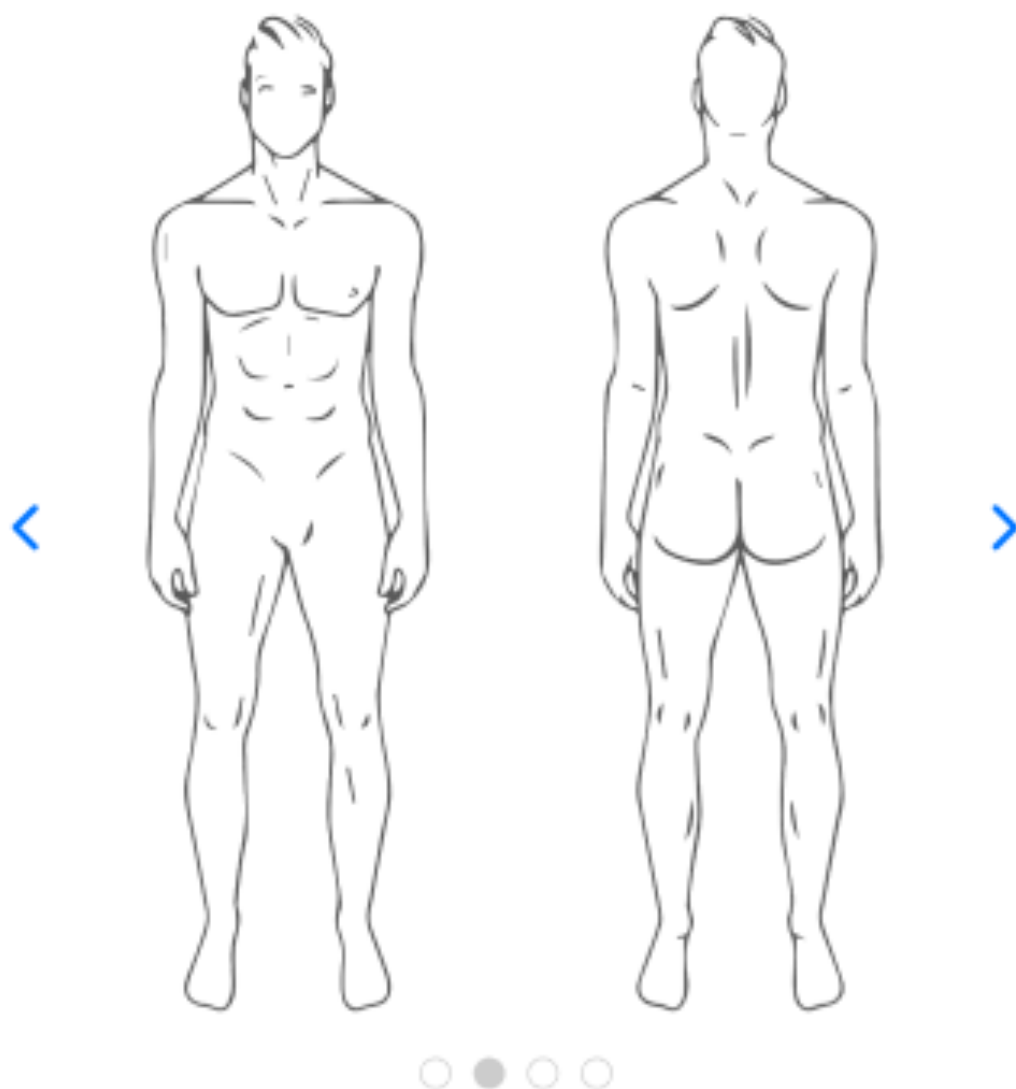
MOVEMENT

MUSCLE FUNCTIONS

MUSCULOSKELETAL STRUCTURES

VERTEBRAL COLUMN

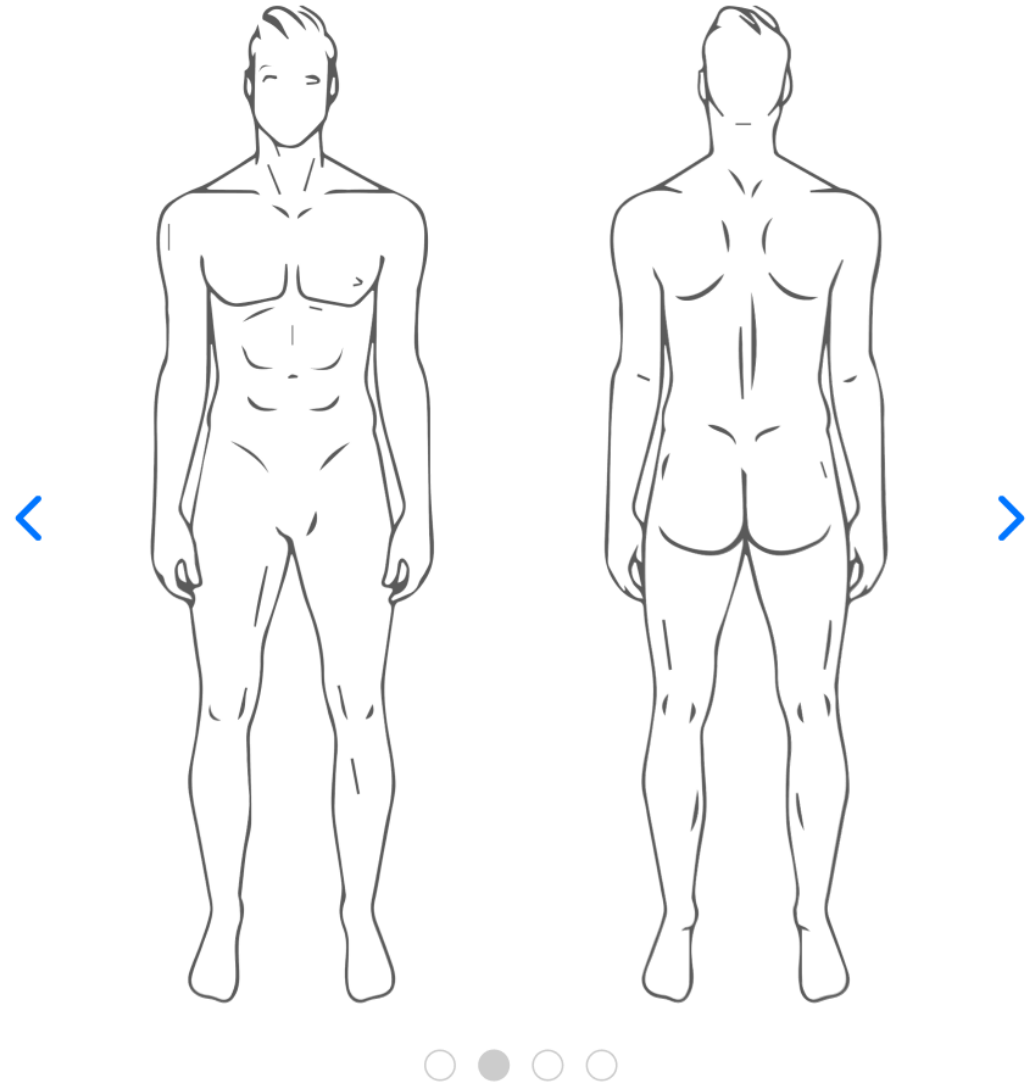
MUSCULOSKELETAL SYSTEM UNSPECIFIED





Targets based on your selection:

- FUNCTIONS OF JOINTS AND BONES
- JOINT MOBILITY
- JOINT STABILITY
- MOBILITY OF BONES
- NEUROMUSCULOSKELETAL AND MOVEMENT-RELATED FUNCTIONS





Actions based on your selection:

ASSESSMENT

ASSISTANCE

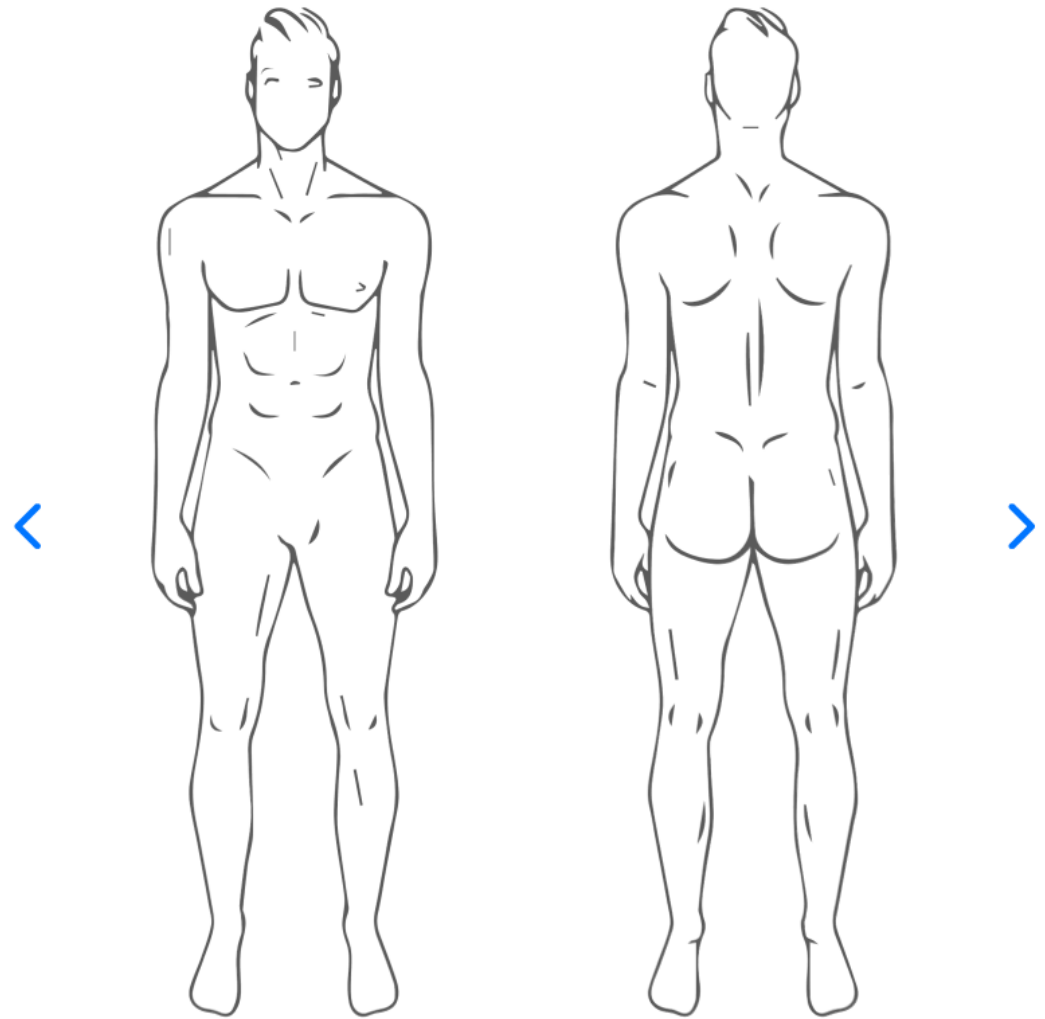
ADVICE

COUNSELLING

EDUCATION

EMOTIONAL SUPPORT

INSPECTION



07 Moodboard and Styleguide

We tried to do a few moodboards and looked at different GUI's that already exist. We chose the color blue because it has a calming effect and creates clarity. For the contrast we wanted to have a light gray instead of white. After the moodboards we created a style guide that gave us guidelines and a consistently design.

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm Nn Oo Pp
Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm Nn Oo Pp
Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

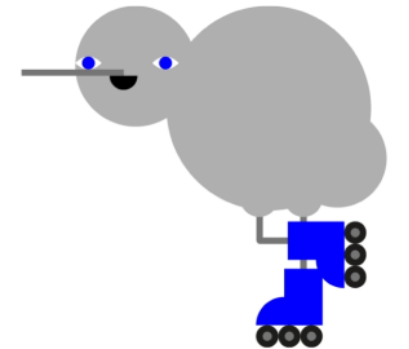
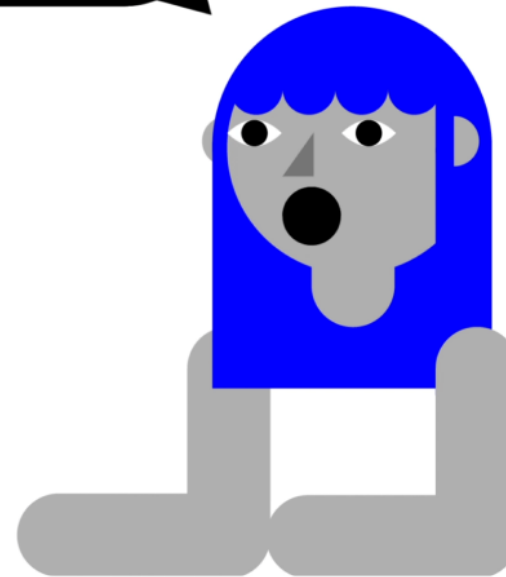
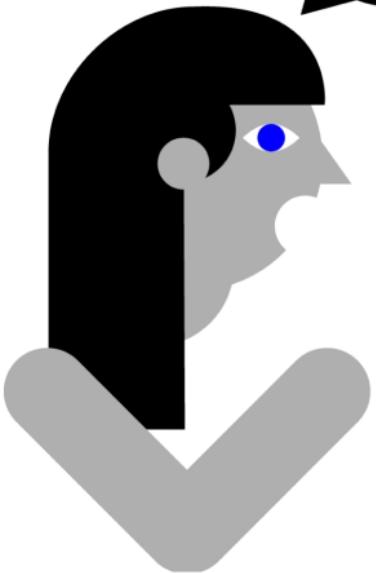
Which Super-Animal are you?

Answer the following questions and find out which Super-Animal represents your digital media usage or handling based on your answers.

Start

I read that on
the internet!

... then it has
to be true!



drive.

My drive

FILES

My files

Sharing

File requests

Deleted files

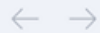
MY PLACES

Designs

Music

Design Sprint

 **Staromłyński**
PREMIUM USER




UPLOAD NEW FILE


SEARCH YOUR CONTENT




Recently used

SHARED WITH 

FOLDER **Designs**

SHARED WITH 





FOLDER **Design Sprint 2.0**

SHARED WITH 

FOLDER **Discovery Call**


New files


VIEW ALL


	Manual wesbite	Sketch	21.03.2019	.sketch	...	+	↻
	Gymnastic	Photoshop	20.03.2019	.psd	...	+	↻
	Neverout	Illustrator	20.03.2019	.ai	...	+	↻
	Manual app	Sketch	12.01.2019	.sketch	...	+	↻


Shared with me


VIEW ALL


 Manual Guidliness

 Manual Illustrations

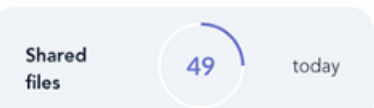
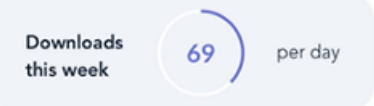
 Overflight Cover Photo

 Design Process Draft

 Wallpaper #1

 Manual

Statistic



Unlock more space now!
Upgrade to Drive Plus.

UPGRADE NOW

Home

Dashboard

Creat goal

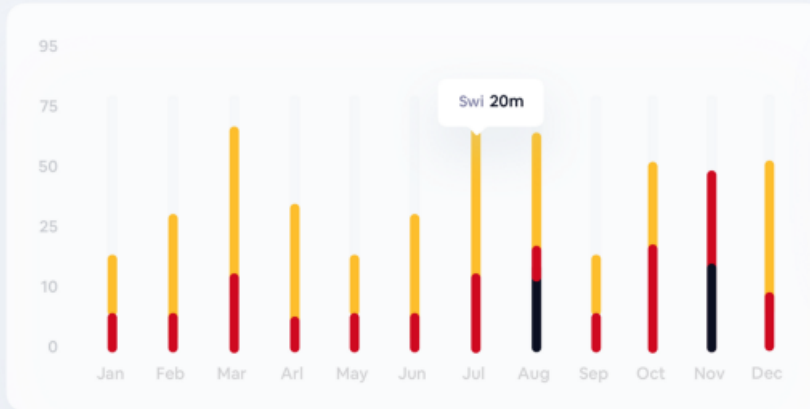
Message

Settings

Sign out

Fitness Activity

Weekly Yearly Yearly



Output

...





 **Heart rate**  **85**
bpm

 **Swimming**  **65**
m

 **Running**  **29**
m

Recommended

Triner Time Frame

	The Ultimate Bodyweight Workout	Al railhan	280 h
	Beginner To Advanced Gym	Farzan Faruk	75 h
	Bodyweight Workout For Warriors	Wahab a Khan	356 h
	Fitness For Beginners	Sayed Raju	125 h
	Use Your Health & Fitness Expertise	Athiq chy	95 h

Meet Popular

 **Get Premium**
\$39/m

122 h
Time

12 typ
Item

4536 g
Calories

Styleguide



Welcome



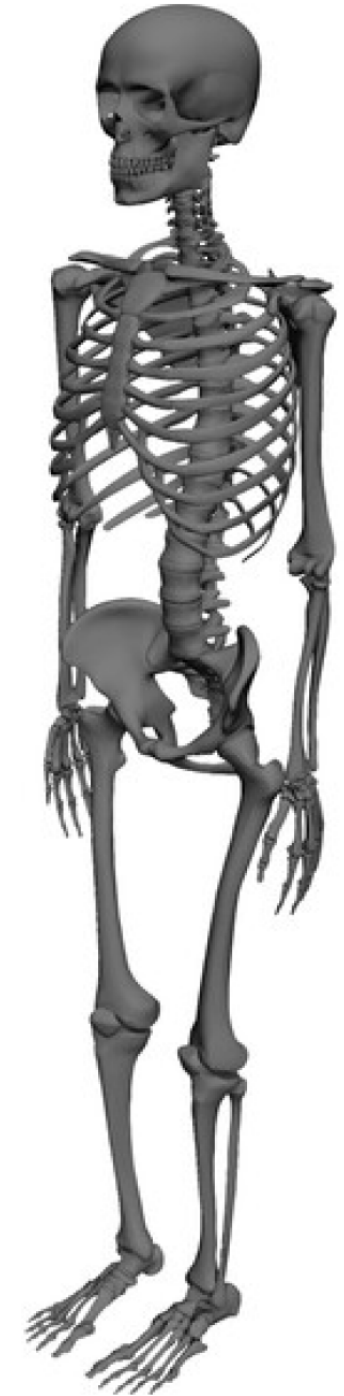
Email

Password



LOGIN

Don't have an account? [Sign Up](#)





1



START ASSESMENT



SEE PATIENT FILE

STEP 1

STEP 2

Q Search

Header 1

20 px, Inter Semi Bold, spacing: 0.15px

Text 1

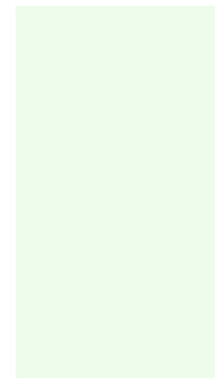
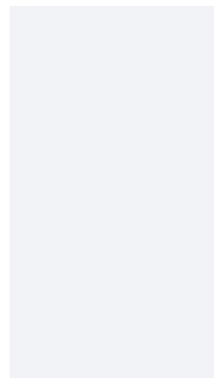
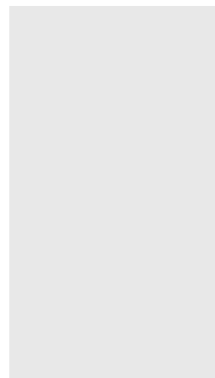
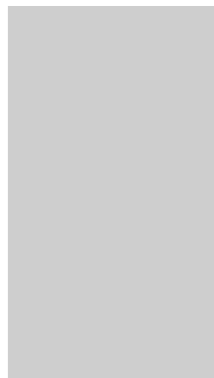
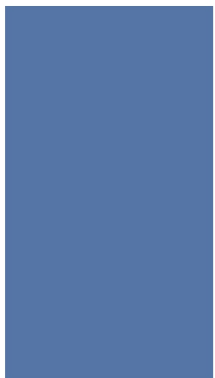
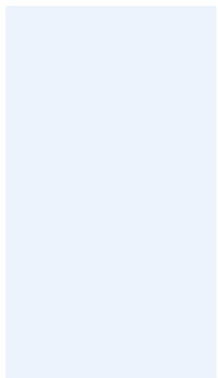
20 px, Inter Regular, spacing: 0.15px

Graphic Dashboard

20 px, Semi Bold, spacing: 0.15px

BUTTON

20 PX, INTER MEDIUM, SPACING: 1.25 PX





UPS SORRY, THIS OPTION IS NOT POSSIBLE YET.
PLEASE RETURN.



YOUR INTERVENTIONS HAVE BEEN
SAVED TO THE PATIENTS FOLDER

08 Prototype with skin

We tested many different designs for our prototype until we found the right version. We played with the contrast and different colors for the buttons. We wanted to have a simple and futuristic design.

9:41 Mon Jun 3

100%



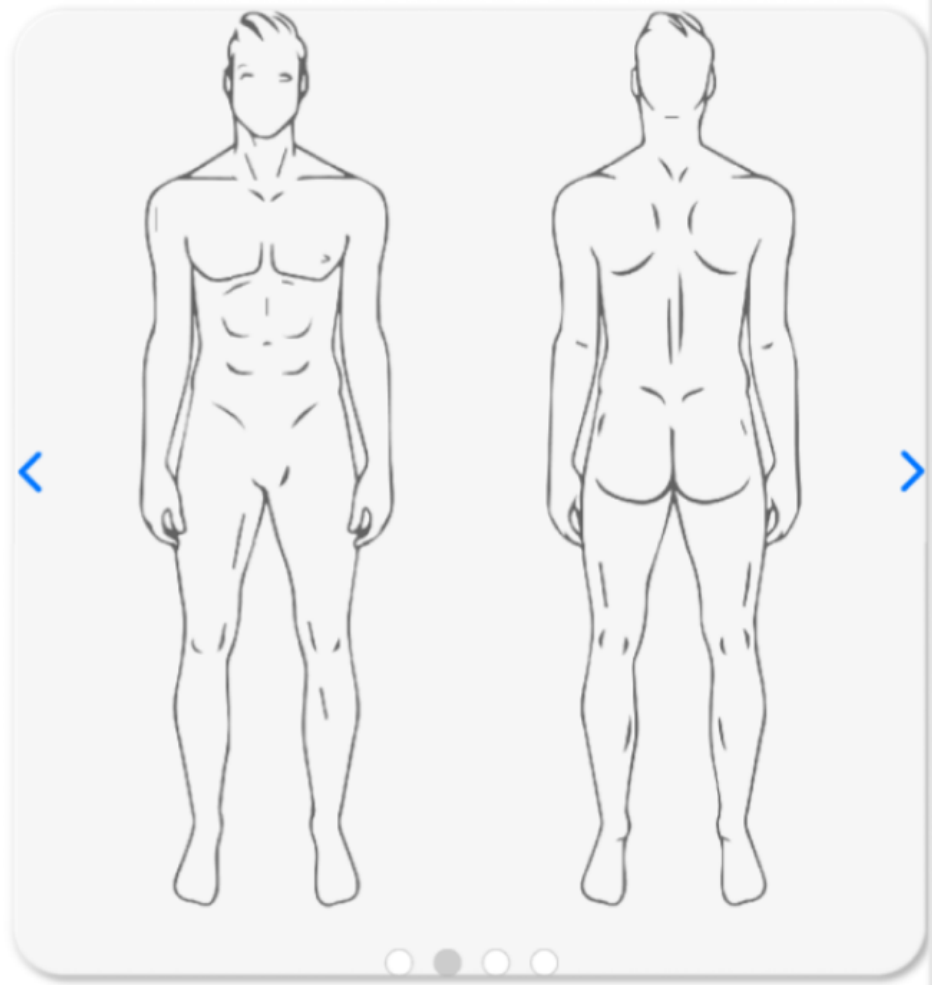
< Sebastian Ablon

0056
1
Arthrodesis, right foot
Dr. Superphysio
none
Male

SEE PATIENT FILE

EDIT PATIENT DETAIL

START ASSESMENT



Experiments with Gradients

9:41 Mon Jun 3

100%



< Sebastian Abloh

0056

1

Arthrodesis, right foot

Dr. Superphysio

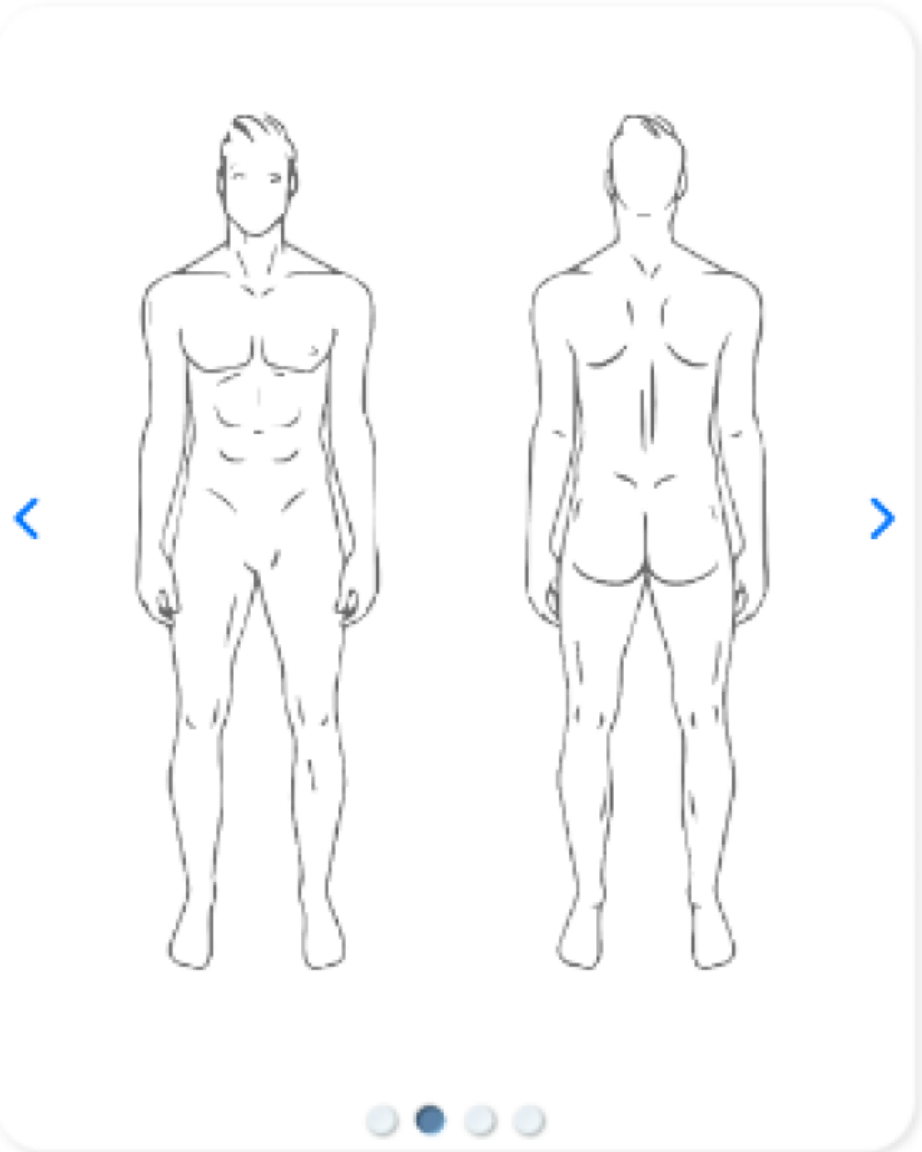
none

Male

SEE PATIENT FILE

EDIT PATIENT DETAIL

START ASSESSMENT





< Sebastian Abloh

0056

1

Arthrodesis, right foot

Dr. Superphysio

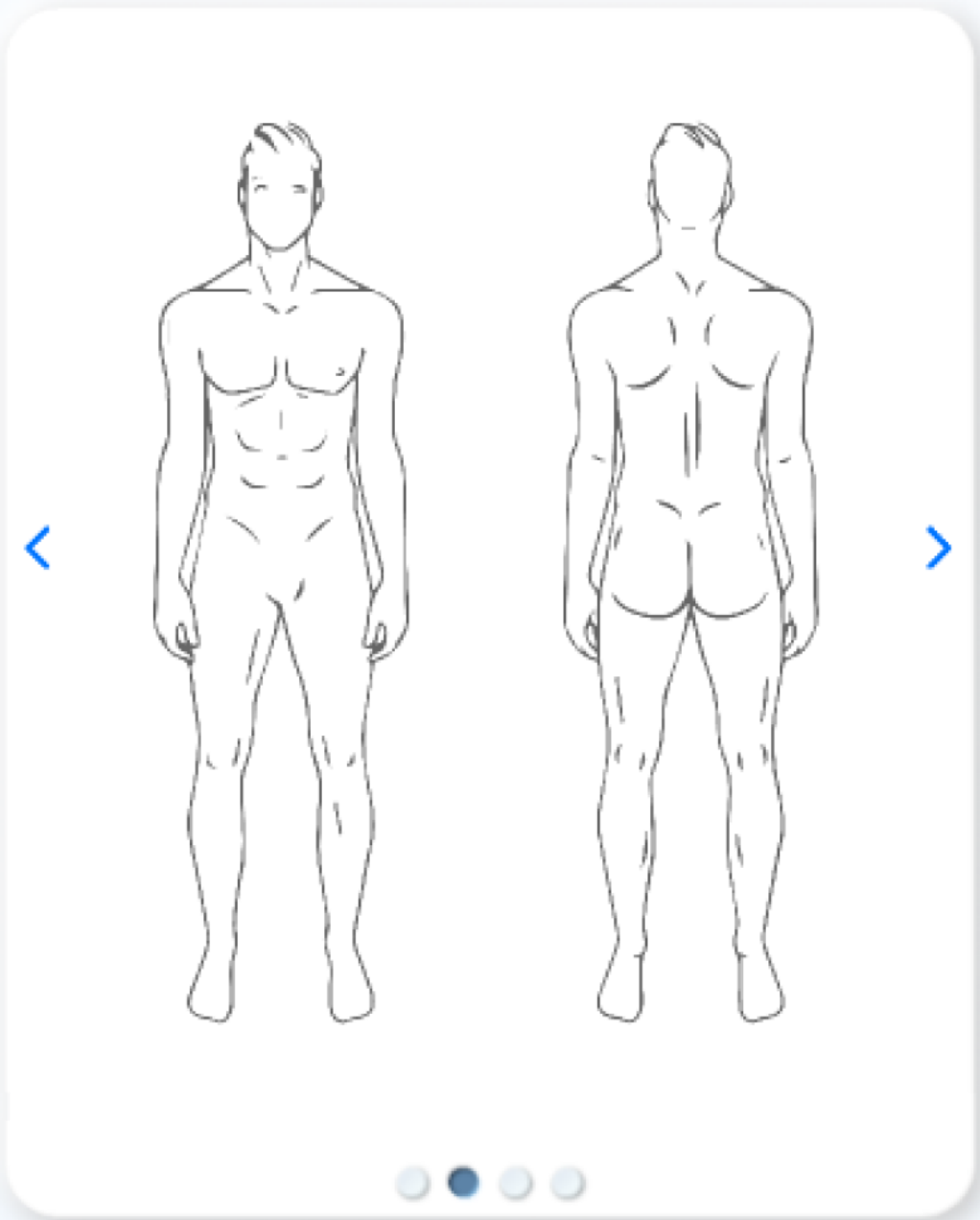
none

Male

SEE PATIENT FILE

EDIT PATIENT DETAIL

START ASSESMENT



Experiments pressed in elements

9:41 Mon Jun 3

100%



< Sebastian Abloh

0056

1

Arthrodesis, right foot

Dr. Superphysio

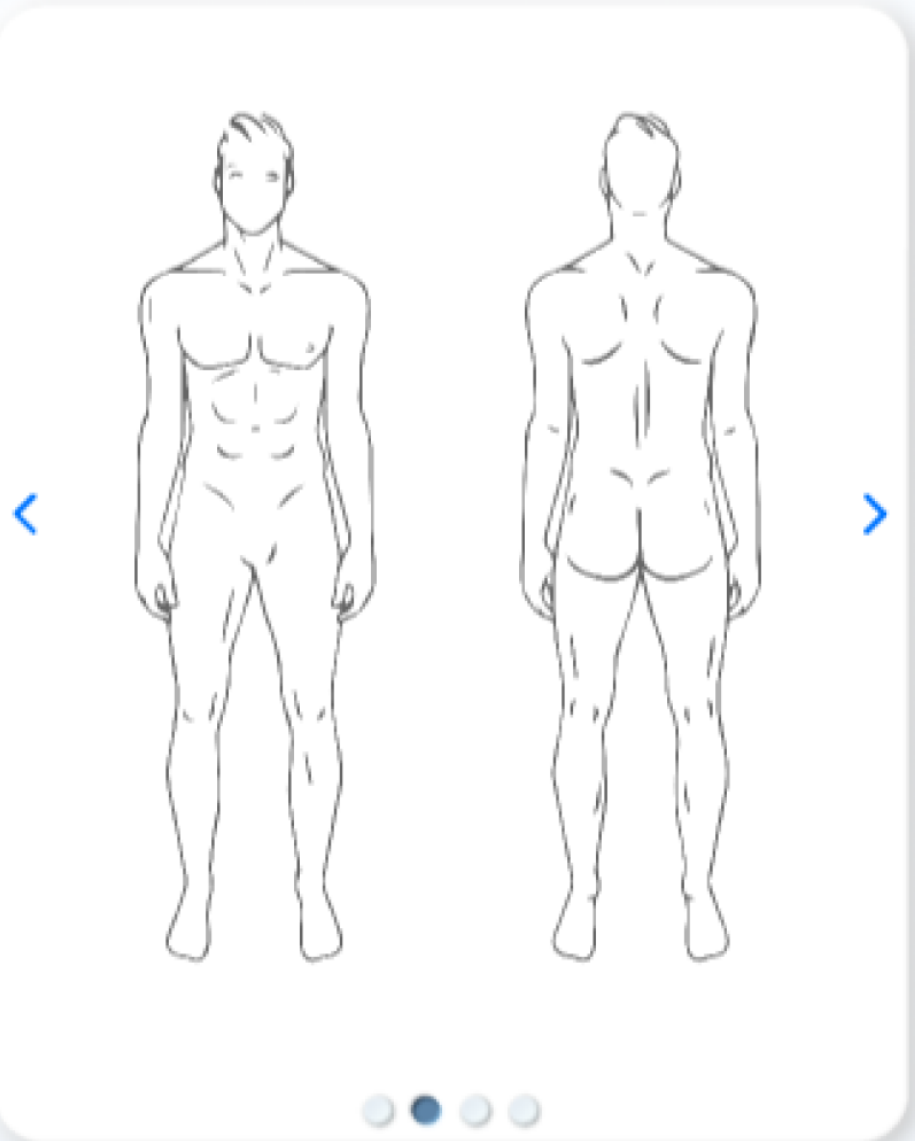
none

Male

SEE PATIENT FILE

EDIT PATIENT DETAIL

START ASSESMENT





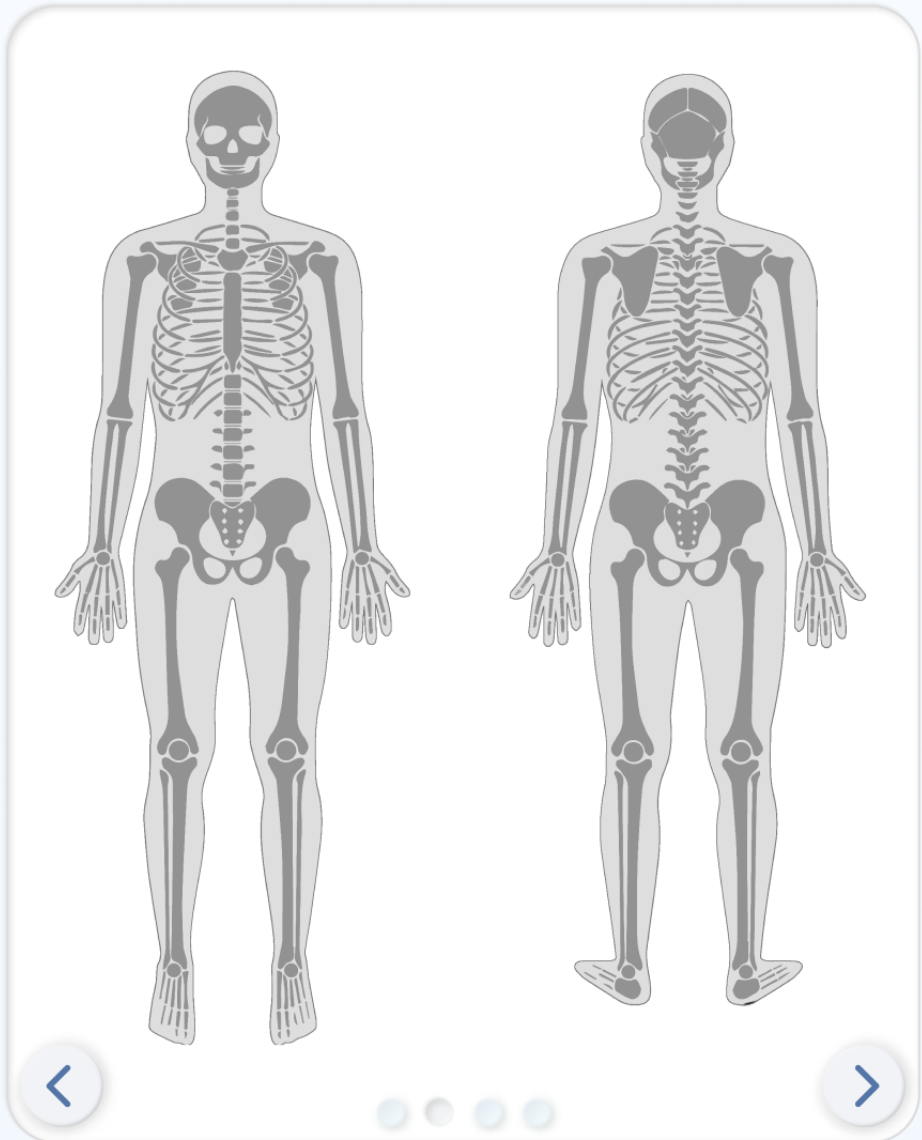
Sebastian Abloh

Patient Nr.: 0056
Session: 1
Diagnosis: Arthrodesis, right foot
Doctor: Dr. Superphysio
Last Intervention: none
Biological gender: Male

SEE PATIENT FILE

EDIT PATIENT DETAIL

START ASSESMENT





Sebastian Abloh	NOW
Maura Wagner	09:00 AM
Aliaume Damala Badara Akon Thiam	10:00 AM



Experiments different button styles

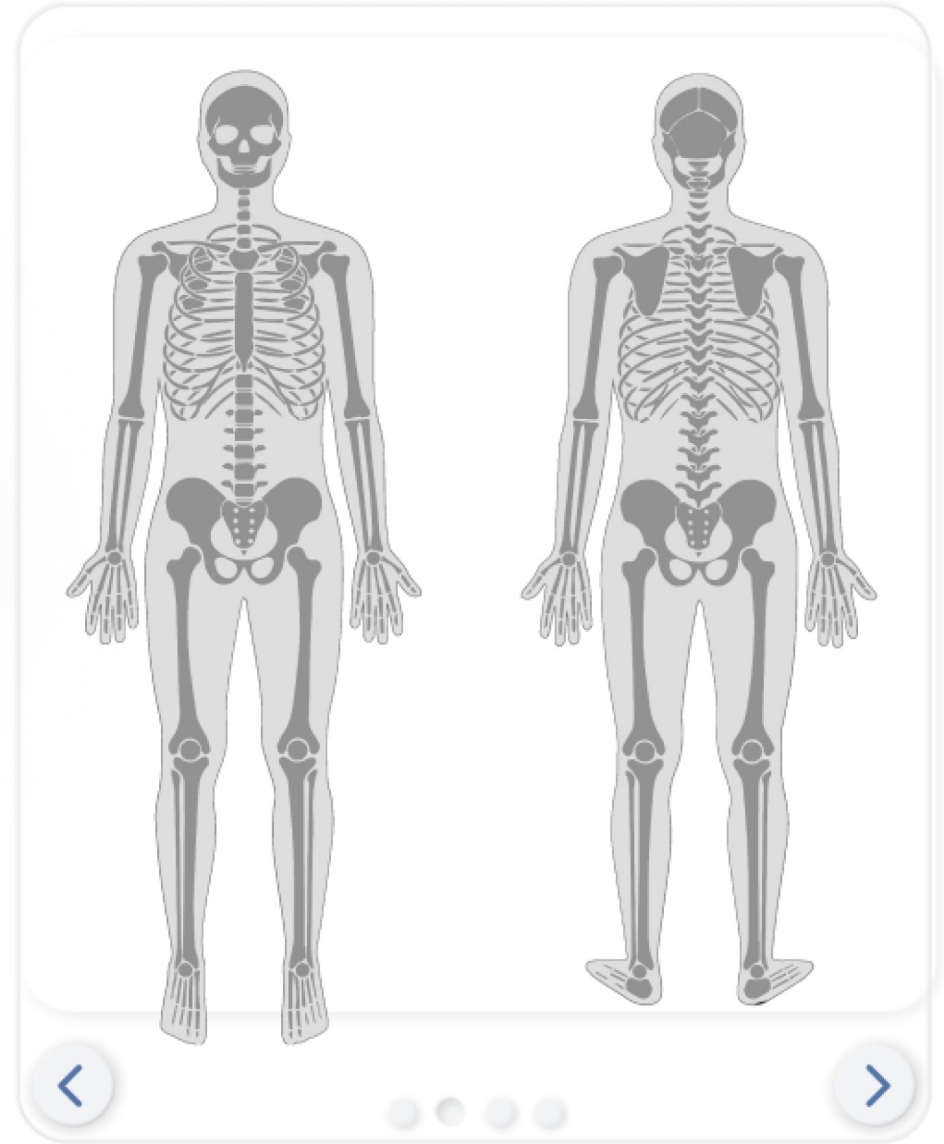
← Sebastian Abloh NOW

Patientennr.: 0056
Session: 1
Diagnosis: Arthrodesis, right foot
Doctor: Dr. Superphysio
Last Treatment: none
Gender: Male

Button 2

Button 2

Button 1

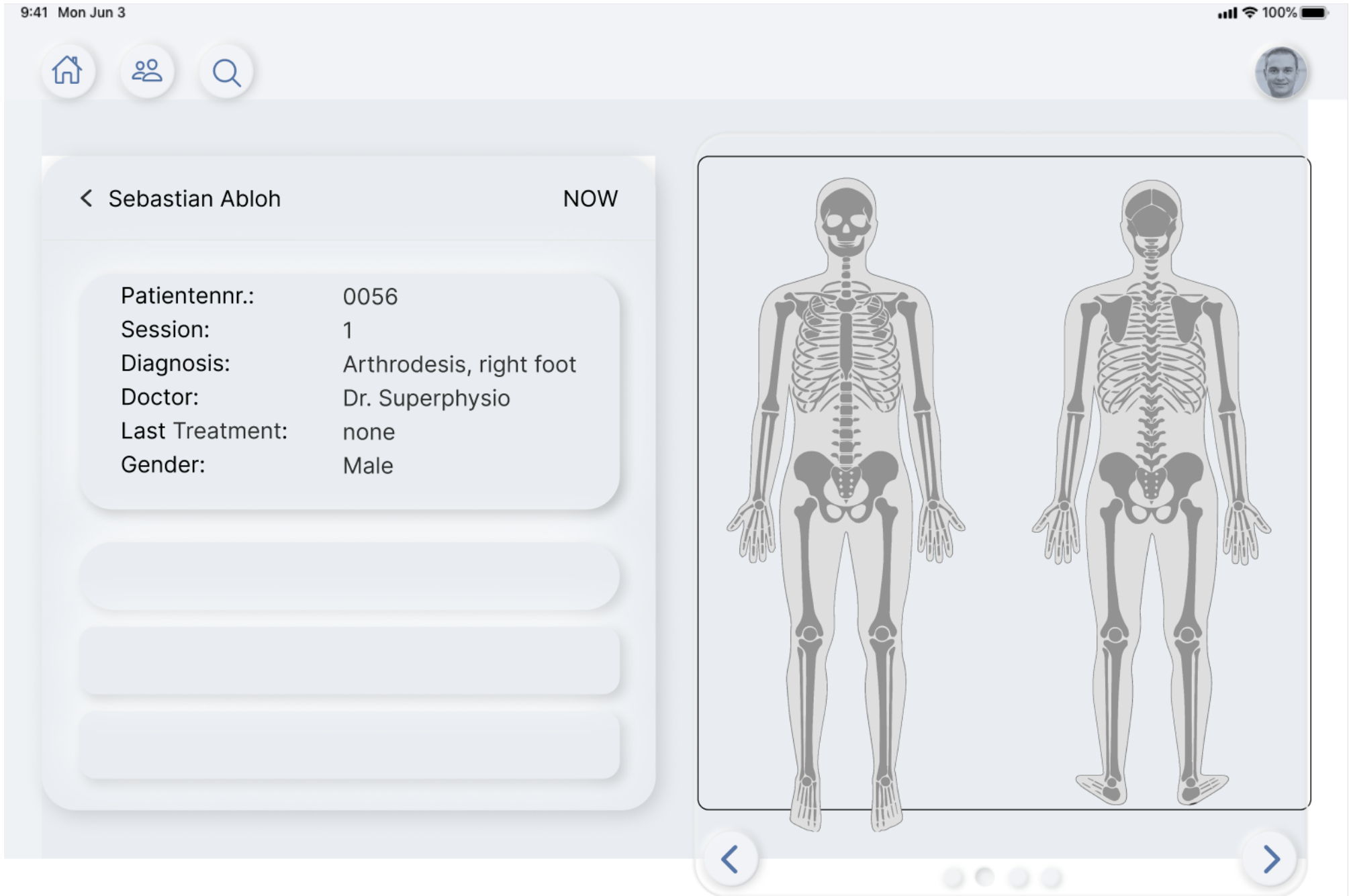




Sebastian Abloh	NOW
Maura Wagner	09:00 AM
Aliaume Damala Badara Akon Thiam	10:00 AM



Experiments different button styles





Sebastian Abloh	NOW
Maura Wagner	09:00 AM
Aliaume Damala Badara Akon Thiam	10:00 AM



LOG IN

Don't have an account? [Sign up](#)

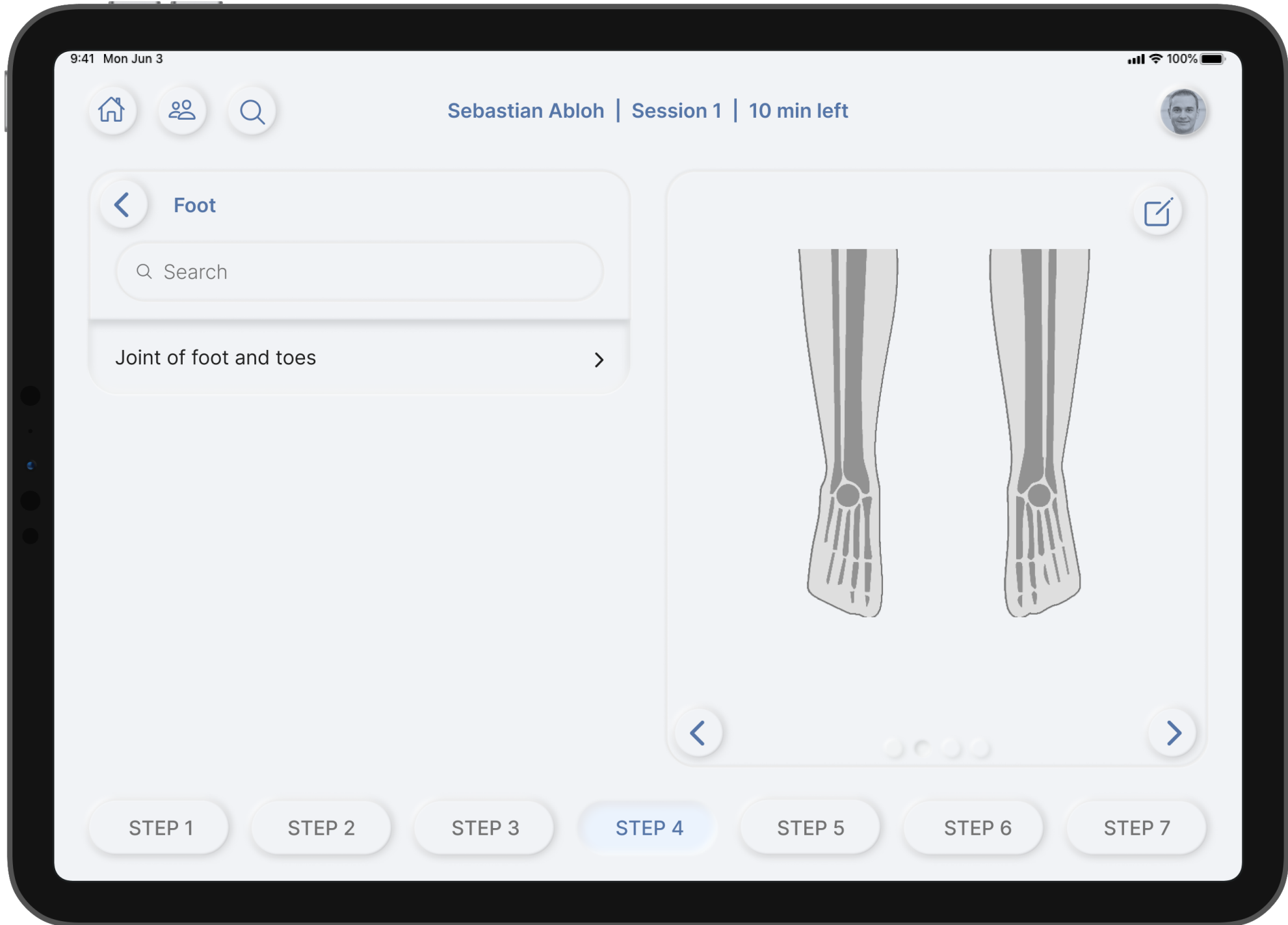
09 User Testing

We have tested our final design with a future physiotherapist. Generally, we got positive feedback for the design, however some details were pointed out to us, which in turn made us realise that we needed to think about further simplifications.

We learned that our interface is comprehensible and userfriendly, but we had to swicht certain tools of documentation, because some of them do not have the importance we thought they have for physiotherapists.

We also needed to adjust contrasts and font sizes in order to achieve better readability.

It was motivating for us, that she could walk trough the whole treatment of our test patient her self.



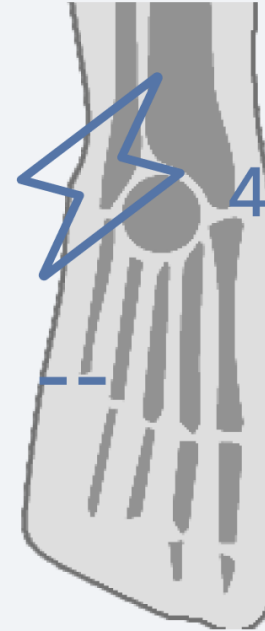


Joint of foot and toes

Search

Manipulation >

Mobilisation >



STEP 1

STEP 2

STEP 3

STEP 4

STEP 5

STEP 6

STEP 7



Neuromusculoskeletal and movement-related functions

Search

Assessment >

Assistance >

Advice >

Counselling >

Education >

Emotional Support >

STEP 1

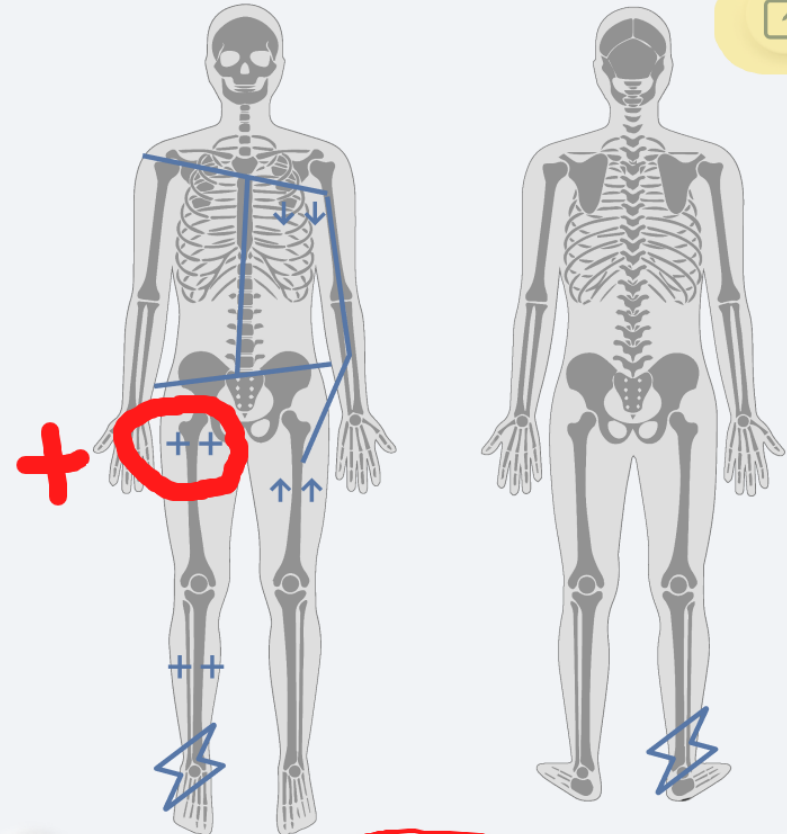
STEP 2

STEP 3

STEP 4

STEP 5

STEP 6



Testing on the iPad

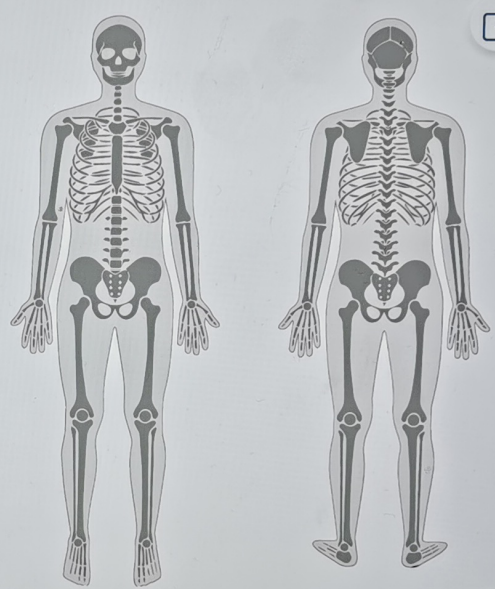
9:41 Mon Jun 3 100%

Sebastian Ablöh | Session 1 | 26 min left

Functions of joints and bones

Search

- Functions of joints and bones >
- Joint mobility >
- Joint stability >
- Mobility of bones >
- Neuromusculoskeletal and movement-related functions >



< >

STEP 1 STEP 2 STEP 3 STEP 4 STEP 5 STEP 6



10 Final Prototype

We tested many factors such as the contrast, buttons, font-size and more, on the screen as well as on the iPad for the 11 inch model. After many testings and trying out many options we found, in our opinion, the best design to go for. As a wise man told us: Usain Bolt learned running by training every day.



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Don't have an account? [Sign up](#)



Your appointments today

Sebastian Ablon	NOW	>
Gian-Carlo Huber	07:30 AM	>
Sabine Las Vegas	08:00 AM	>
Aathmigan Jeegatheswaranasada	08:30 AM	>
Coffee Break	09:00 AM	
Mani Salamoni	09:15 AM	>
Sven von Niederhäusern	09:45 AM	>
Pavloc Ivic	10:15 AM	>
Julius Cäsi	10:45 AM	>



Screen Tool for Pictures and Video

9:41 Mon Jun 3

100%



Sebastian Ablöh

Patient Nr.: 0056
Session: 1
Diagnosis: Arthrodesis, right foot
Doctor: Dr. Markus Baumgartner
Last Intervention: none
Biological gender: Male

SEE PATIENT FILE

CANCEL APPOINTMENT

START ASSESMENT



Sebastian Abluh

Patient Nr.: 0056
 Session: 1
 Diagnosis: Arthrodesis, right foot
 Doctor: Dr. Markus Baumgartner
 Last Intervention: none
 Biological gender: Male

SEE PATIENT FILE

CANCEL APPOINTMENT

START ASSESMENT

Choose your quick notes:

- subjektiver Befund (complaints of) etc.
- objektiver Befund = physical examination
- Symptombereich 1 Symptombereich 2
- konstant intermittierend Flexion
- Visuelle Analogskala Rotation nach rechts
- Extension Lateralflexion Abduktion
- Lateralflexion nach links Adduktion
- Lateralflexion nach rechts Innenrotation
- Rotation nach links Aussenrotation
- negative Rotation positive Rotation
- mit Schmerzen ohne Schmerzen OK
- Symptome Widerstand mildernd





[←](#) **Last interventions**

None

SEE PATIENT FILE

CANCEL APPOINTMENT

START TREATMENT

[↩](#) [➡](#)



[← Body Systems and Functions](#)

Q Search

- Functions of joints and bones >
- Movement >
- Muscle functions >
- Musculoskeletal structures >
- Vertebral column >
- Musculoskeletal system unspecified >

Navigation icons: Back, Forward, Dots

STEP 1

STEP 2

STEP 3

STEP 4

STEP 5

STEP 6

Screen Edit Body Chart

9:41 Mon Jun 3

100%



Sebastian Ablon | Session 1 | 18 min left



< Choose target

Q Search

- Functions of joints and bones >
- Joint mobility >
- Joint stability >
- Mobility of bones >
- Neuromusculoskeletal and movement-related functions >

< >

Annotation toolbar with icons for: +, ++, +++ (and their negative counterparts -), ↑, ↑↑, ↑↑↑ (and their negative counterparts ↓, ↓↓, ↓↓↓), O (solid and dashed), ⚡ (lightning bolt), Z, ⊕, 1-5, and a horizontal line.

Screen Zoom Body chart

9:41 Mon Jun 3

100%



Sebastian Abluh | Session 1 | 10 min left



< Joint of foot and toes

Q Search

Manipulation >

Mobilisation >



- STEP 1
- STEP 2
- STEP 3
- STEP 4
- STEP 5**
- STEP 6
- STEP 7

Screen Treatment Overview

9:41 Mon Jun 3

100%



Sebastian Abloh | Session 1 | 7 min left



Treatment Overview

Intervention 1:

Assessment of neuromusculoskeletal and movement-related functions

EDIT INTERVENTION

Intervention 2:

Mobilisation of joint of foot or toes

EDIT INTERVENTION



ADD INTERVENTION

END TREATMENT

STEP 1

STEP 2

STEP 3

STEP 4

STEP 5

STEP 6

STEP 7

Screen Patient & Intervention Details

9:41 Mon Jun 3

100%



Sebastian Ablöh

Patient Nr.:	0056	Email:	xxx_sebiboi@gmail.com
Insurance Nr.:	756.4353.334.212	Phone:	+41 77 555 44 22
Doctor:	Dr. Markus Baumgartner	Birthday:	23.6.1988
Diagnosis	Arthrodesis, right foot	Adress:	Dorfstrasse 319
Biological gender:	Male	ZIP Code:	8302
Occupation:	Vegan Nutritionist	City:	Kloten

Session (9)	Number of Interventions
1 25.05.2020	2 ^
1.1 Assessment of neuromusculoskeletal and movement-related functions	
1.2 Mobilisation of joint of foot or toes	
2 01.06.2020	v